Module 1: Weekend introductory course / 15 hours

Prerequisite: Enjoyment of touch and movement



Module 2: 5-day course / 35 hours

Prerequisite: Module 1



Module 3

7-day course / 50 hours

Prerequisite: Modules 1 and 2

Module 4

7-day course / 50 hours

Prerequisite: Modules 1, 2, and 3

Module 5

7-day course / 50 hours

Prerequisite: Modules 1, 2, 3, and 4



Modules 3, 4, and 5 can only be booked as a whole



- 30 logged practice massages, examination massage
- Submission of EMBA (Esalen® Massage and Bodywork Association) certificate application
- Certificate confirmation from Kientalerhof



Esalen® Massage Practitioner



ASCA / EMR registration process with the goal of:

Studio ith health insurance recognition (depending on insurance model and health insurance provider)

Studio

without health insurance recognition